

Reynolda Rotary Review

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July 2, 2004

UPCOMING MEETINGS . . .

REYNOLDA - Meets Fridays at 12:30 p.m. in the Winston Room of the LJVM Coliseum

- July 9 Passing of the Gavel and Presidential Coat to President-Elect Gerald Chrisco
July 16 Susan Gmeiner of the Yadkinville Club will speak on "International Project: A Multi-Club Hospital Project in Western China." Host: Tom Bosworth
July 23 Robert Eshelman, John Lewandowski and Tom Taylor will present a program about their recent trip to our sister-club in Poznan, Poland.
July 30 TBA. Host: John Angell
August 6 TBA. Host: Ann Adams
August 13 Doug Copeland, President and Publisher: *The Business Journal*, "A Perspective of the Triad."
Host: Gayle Anderson
August 20 Classification talks by Monica Donner and someone else to be named soon. Host: Beau Dancy
August 27 District Governor's Visit

STRATFORD – Meets Thursdays at 12:30 p.m. at Forsyth Country Club

- July 8 TBA

CLEMMONS – Meets Wednesdays at 7:00 a.m. at the Village Inn – Clemmons

- July 7 TBA

WINSTON-SALEM – Meets Tuesdays at 12:30 p.m. See meeting locations below.

- July 6 Cameron Kent, WXII News Anchor, "The Future of Television". Meeting will be at the Adams Mark Hotel.
July 13 Felice & Richard Brenner of the Applied Behavior Analysis Center of NC. Meeting will be at the Adams Mark Hotel.
July 20 Mike Bumpass, President of GMA and Firstpoint Resources regarding Joint Triad Initiatives. Meeting will be at the Benton Convention Center.
July 27 Anna Volker from Arts for Life, "Uplifting Programs for Cancer Patients." Meeting will be at the Benton Convention Center.

PROGRAM HIGHLIGHTS . . .



June 25 – Dealing with adult depression was the topic of Cindy Sutton from the Trinity Center. Depression is an **illness** that is very relevant to today's society. It can be a long-lasting illness – but it is treatable. Depression is an "equal opportunity disorder" – men, women and children can be affected. Treatment is so very important, because an average episode can last 10 months. A person who suffers depression does not have a personal weakness and his/her depression will not just "go away." One in four women and one in ten men suffer some form of depression, and there are 3 types: Dysthymia, Major Depression, and Bipolar Disorder (or Manic Depression). Some causes of depression are early life experiences, chemical imbalance in the brain, physical changes in the body, and environmental factors. Having said this, again, depression is very treatable, but it is important to get the proper help.

ATTENDANCE . . .

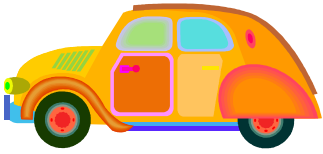
<u>Reynolda</u>	<u>Stratford</u>	<u>Winston-Salem</u>	<u>Clemmons</u>	<u>Visiting Rotarians</u>
June 25 - 52	June 25 - 1	June 25 - 4	June 25 - 0	Judy Peters, Greensboro Club

Other Guests: (June 25) Richard Loos, guest of James Gordon

CLUB NEWS . . .

 **IMPORTANT ANNOUNCEMENT FROM THE WINSTON-SALEM ROTARY CLUB.** Due to the new ownership of the Benton Convention Center, effective July 1 2004, please pay close attention to the location of meetings. There will be some changes and the location of the meetings will be printed by the corresponding date of the meeting (see above in  Upcoming Meetings section).

INDUCTION of President-Elect Gerald Chrisco and all 2004-2005 Officers and Directors will be Friday, July 9 during our regular meeting! (Not to mention the Presidential Coat!)



JOIN OTHERS IN ADVERTISING ROTARY! The North Carolina DMV has applications available for Rotary License Plates. Click on <http://www.dmv.dot.state.nc.us/VehicleRegistration/specializedlicenseplates/> for more information or to access an application form. Wouldn't it be exciting to get a license plate in time for Rotary's 100th Anniversary?!

EMMETT'S GOOD NEWS! He just finished (6/25/04) with his latest round of chemo/radiation, and was told that there has been a 1/3 shrinkage in the cancerous growth.

UPDATED INFORMATION ON TED FYOCK:

Practice Administrator/COO
Piedmont Anesthesia & Pain Consultants
145 Kimel Park Drive
Suite 300
Winston-Salem, NC 27103
714-6414 (phone) 714-6404 (fax) tfyock@papc.com

JULY IS LITERACY MONTH!

BOARD MEETING Friday, July 16 in the Salem Room starting at **11:45 a.m.**

****ATTENTION 2004-2005 COMMITTEE CHAIRS**** Please submit your committee budgets to Amy Gardner by July 1. Contact her if you need guidance in pulling this together.

THANKS FOR THE DONATION.

"Thank you for the very generous donation to the Children's Cancer Support Program. Your donation insures our success in helping patients and their families." Jeff Ungetheim, Pediatric Hematology/Oncology

WFUBMC

LAUGHTER, HUMOR, JUST PLAIN FUN!

The governor's mansion in West Virginia burned down. Pert' near took out the whole trailer park. The library was a total loss too. Both books – poof! Up in flames and they hadn't even finished coloring one of them.

A new law was recently passed in West Virginia. When a couple gets divorced, they are STILL cousins.

What do they call reruns of "Hee Haw" in West Virginia? Documentaries!

Did you hear they raised the minimum drinking age in West Virginia to 32? It seems they want to keep alcohol out of the high schools.